



# National Association of Boys & Girls Clubs

Opening Doors to Great Futures

## NABGC UK Boxing Championships

### MEN'S CLASS & WEIGHT

CLASS 'A' Born in 2000	CLASS 'B' Born in 1999	CLASS 'C' Born in 1998/1997
Over 44kgs not exceeding 46kgs	Over 44kgs not exceeding 46kgs	Over 46kgs not exceeding 49kgs
Over 46kgs not exceeding 48kgs	Over 46kgs not exceeding 48kgs	Over 49kgs not exceeding 52kgs
Over 48kgs not exceeding 50kgs	Over 48kgs not exceeding 50kgs	Over 52kgs not exceeding 56kgs
Over 50kgs not exceeding 52kgs	Over 50kgs not exceeding 52kgs	Over 56kgs not exceeding 60kgs
Over 52kgs not exceeding 54kgs	Over 52kgs not exceeding 54kgs	Over 60kgs not exceeding 64kgs
Over 54kgs not exceeding 57kgs	Over 54kgs not exceeding 57kgs	Over 64kgs not exceeding 69kgs
Over 57kgs not exceeding 60kgs	Over 57kgs not exceeding 60kgs	Over 69kgs not exceeding 75kgs
Over 60kgs not exceeding 63kgs	Over 60kgs not exceeding 63kgs	Over 75kgs not exceeding 81kgs
Over 63kgs not exceeding 66kgs	Over 63kgs not exceeding 66kgs	Over 81kgs not exceeding 91kgs
Over 66kgs not exceeding 70kgs	Over 66kgs not exceeding 70kgs	Over 91kgs
Over 70kgs not exceeding 75kgs	Over 70kgs not exceeding 75kgs	
Over 75kgs not exceeding 80kgs	Over 75kgs not exceeding 80kgs	
Over 80kgs	Over 80kgs	

### **Rules Governing NABGC Amateur Boxing Championships**

- LAWS.** The Championships shall be governed by the Articles and Rules of England Boxing Ltd.
- ENTRIES.** To be eligible for these Championships a boxer must:
  - Belong to a club, with whom (s)he is registered, and which is printed on her \ his medical card, providing that club is a member of NABGC

**The National Championships commence at the initial weigh and entrants must have completed the official entry form. They will enter the championships via the NABGC organisation to which they are affiliated or if there is no member, then with the nearest NABGC AFFILIATED ORGANISATION . Each NABGC member organisation (or group) is initially allowed to enter one boxer at each weight in each class.**
- INELIGIBLE BOXERS.** Entries will not be accepted from:
  - An open class boxer\*
 

**\*An open class boxer is defined by NABGC as:**

    - A boxer who has represent their country in the, Commonwealth Championships, European championships or World Championships at junior or youth level
    - A non-British national who has not held a Medical Record Book (ME3) for a period of one year after his initial medical.
- MINIMUM BOUT RULE**  
Male Boxers must have competed in **TWO** England Boxing recorded contests before entering the Championships. There will be **no** minimum bout rule for Female Boxers
- BONA-FIDA AMATEUR** - Competitors must abide by the England Boxing definition of Amateur Status: -  
An Amateur means a person who:
  - Has never competed for a money prize, staked, bet or declared wager, except for approved trust fund or sponsorship and

- II. Has never (save with the written consent of the England Boxing) competed with or against a professional boxer and
  - III. Has never taught, pursued or assisted in the practice of athletic exercise as a means of obtaining a livelihood or pecuniary gain, or accepted money directly or indirectly for acting in any official capacity therein save for the payment of normal travel or other acceptable out-of-pocket expenses and
  - IV. Holding or being concerned in the administration of a professional contest or professional exhibition or a tournament not authorised by the England Boxing or relevant affiliated Association.
6. **AGE QUALIFICATIONS.** Competitor's date of birth must fall within the dates printed on the entry form for the class entered.
  7. **HEAD GUARDS.** These are mandatory and must be worn for all bouts. Only AIBA approved head guards to be worn. Head guards will be put on in the ring after an inspection by the referee.
  8. **ONE BOUT A DAY RULE.** No boxer shall be allowed to box more than once in a 12 hour period within NABGC's
  9. **WEIGH-IN.** Competitors shall weigh-in at each successive round of the Championships unless previously notified of a walk over. A competitor may not change his weight after completing an entry form. The boxer must produce his ME3 at the time of weighing in.
  10. **SCALES.** The Scales will be open for a stipulated period of 2 hours for any check weigh-in ( see rules 12 & 13) and official weigh-in. Scales must have been calibrated 72 hours before use, and a certificate made available for inspection.
  11. **AWARDS.** A boxer may only be awarded the National Title, only if he has boxed at an earlier stage.
  12. **WEIGHT ALLOWANCE: ON CLASSES A AND B BELOW. NO WEIGHT ALLOWANCE ON CLASS C**  
From Quarter Finals onwards. Boxers up to 50kgs – 300gms, up to 63kgs – 500gms, over 63kgs – 700gms.
  13. **WEIGHT LOSS: CLASSES A AND B** The Maximum weight a boxer may lose during the weigh-in shall be:
    - (a) 300gms for weight classes up to and including 50kgs.
    - (b) 500gms for weight classes over 50kgs and up to 63kgs.
    - (c) 700gms for weight classes over 63kgs.
  14. **DURATION OF BOUTS.** All Class A & B bouts will be boxed over 3 x 2 minute rounds. All Class C Men's bouts will be 3 x 3 minutes, Female's Class C bouts will be 4 x 2.
  15. **GLOVES AND HEAD GUARDS.** All boxers must wear 10oz under 75kg 12oz over 75kg AIBA approved gloves (supplied by the organisers). Gloves must be on before competitor enters ring and removed in the ring after bout. Head guards must be fitted in the ring after the referee's inspection.
  16. **HAND WRAPS** From October 2009, at all Championships, the only bandages used must be purchased from the England Boxing and bear the AIBA Registration stamp. Boxers will not be permitted to glove up if the bandages do not bear the approved stamp.
  17. **REPLACEMENTS.** Should any winner (from the Area round onwards) withdraw before the day of the next stage the runner-up may be invited to go forward at the discretion of NABGC. If, however, that winner fails to make the weight or medical on the day his opponent shall be awarded a walkover.  
**At the semi-final stage only, NABGC reserves the right to nominate another boxer to go through to the final in the event of a double disqualification.**
  18. **SECONDS.** Each competitor is entitled to three qualified and registered seconds.
  19. **MEDICAL EXAMINATION.** Competitors shall be medically examined before the initial entry into the ring at each stage of the Championships. No competitor shall be permitted to box without his Medical Card.
  20. **ANY BOXER** receiving a knock-out, or being stopped will be examined by the Medical Officer and, if necessary, be referred to the pre-informed hospital.
  21. **EXPENSES.** Refreshment during events shall be the responsibility of the organiser and no charge shall be made to boxers, seconds and officials appointed or invited to attend. Travelling expenses of officials shall be paid in accordance with the scale set out by England Boxing of England Ltd. No claim for competitors' travel shall be accepted at any round of the Championships.

**22. DISPUTES.** The interpretation of these rules and any other matter relating to these Championships will be decided by NABGC in conjunction with the England Boxing Official-in-Charge.